

# Antipasti

## Starters

### **Cefalo affumicato, ricotta di capra, sedano e bottarga € 19**

*Smoked mullet fish, goat ricotta, celery and bottarga*

*PESCE, LATTOSIO, SEDANO / FISH, MILK, CELERY*

### **Polpo, rape bianche e cardoncelli € 25**

*Octopus, white turnips and mushroom cardoncelli*

*MOLLUSCHI, SOLFITI / CLAMS, SOLPHITES*

### **Ricciola, nespole, menta e cetrioli € 25**

*Amberjack, loquats, mint and cucumbers*

*PESCE / FISH*



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# Antipasti

## Starters

### **Tonno rosso, pinoli, basilico e melanzane € 25**

*Red tuna, pine nuts, basil and eggplant*

*FISH, SOLFITI, FRUTTA CON GUSCIO / CLAMS, SOLPHITES, NUTS*

### **Astice, pomodori, erba ostrica e cipolla dolce € 35**

*Lobster, tomatoes, oyster grass and sweet onions*

*CROSTACEI, SOLFITI / CRUSTACEAN, SOLPHITES*



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# Primi

## Pasta dishes

### **Spaghetti con vongole fiori di zucca e zafferano € 20**

*Spaghetti with clams, pumpkin flowers and saffron*

*GLUTINE, MOLLUSCHI, SEDANO, SOLFITI / GLUTEN, CLAMS, CELERY, SOLPHITES*

### **Riso carnaroli con gamberi rossi, limone, menta e parmigiano €18**

*Carnaroli rice with red prawns, lemon, mint and parmesan cheese*

*CROSTACEI, SOLFITI, LATTOSIO /CROSTACEAN, SOLPHITES, MILK*

### **Fregola alla moda Is Molas € 20**

*Sardinian fregola with seafood*

*GLUTINE, MOLLUSCHI, CROSTACEI, SOLFITI, SEDANO / GLUTEN, CLAMS, CROSTACEAN, SOLPHITES, CELERY*

# Primi

## Pasta dishes

### **Maccheroncini al finocchio di mare, pomodoro secco, cozze e calamari 18€**

*Pasta with sea fennel, dried tomatoes, mussels and squid*

*GLUTINE, UOVA, PESCE, MOLLUSCHI / GLUTEN, EGGS, FISH, MUSSELS*

### **Raviolo nero, scampi e carciofi € 35**

*Black raviolo, prawns and artichokes*

*GLUTINE, UOVA, CROSTACEI, SEDANO, SOLFITI, PESCE / GLUTEN, EGGS, CROSTACEAN, CELERY, SOLPHITES*



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# Secondi

## Main dishes

### **Tonno rosso, erbe, datterini e burrata € 30**

*Red tuna, herbs, cherry tomatoes and burrata*

*PESCE, LATTOSIO, SOLFITI / FISH, MILK, SULPHITES*

### **Fritto misto di mare € 34**

*Fried sea food*

*GLUTINE, MOLLUSCHI, PESCE, CROSTACEI / GLUTEN, FISH, MUSSELS, CRUSTACEANS*

### **Ricciola, sedano rapa, arancio e cipollotto € 35**

*Amberjack, celeriac, orange and onion*

*PESCE, FRUTTA CON GUSCIO / FISH, NUT*



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# Secondi

## Main dishes

### **Dentice, topinambour, asparagi e fior di sale € 39**

*Snapper, jerusalem artichoke, asparagus and salt flower*

*PESCE / FISH*

### **Triglia, foglia di limone, camona, cicoriotta e nocciola € 32**

*Red mullet, lemon, tomatoes, chicory and nut*

*SOLFITI, GLUTINE, LATTOSIO / SULPHITES, GLUTEN, MILK*



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# Dalla nostra terra

## Meat tasting menu

**Filetto di bue rosso, cannonau, cicorietta e cardoncelli € 35**

*Beef fillet, cannonau wine, chicory and cardoncelli*

SEDANO, LATTOSIO E SOLFITI / CELERY, MILK AND SULPHITES

**Gnocchi di patate, guanciaie, carciofi ed erborinato sardo € 14**

*Potatoes gnocchi, bacon, artichokes and pecorino*

GLUTINE, SOLFITI, LATTOSIO / GLUTEN, SULPHITES, MILK

**Coniglio, mirto, fave e pecorino € 20**

*Rabbit, myrtle, fava beans and pecorino*

UOVA, GLUTINE, LATTOSIO / EGG, GLUTEN, MILK



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# Delizie verdi

## Veggie menu

### **Gnocchi di patate con barbabietole, spinaci e zafferano € 16**

*Potatoes gnocchi with beet, spinaches and saffron*

### **Carpaccio di zucchine, caprino, pinoli e limone € 14**

*Carpaccio of zucchini, cheese, pine nuts and lemon*

GLUTINE, SOLFITI, LATTOSIO, FRUTTA CON GUSCIO, UOVA / GLUTEN, SULPHITES, MILK, NUT, EGG

### **Melanzana fondente con mandorle, pomodori e peperoni € 14**

*Eggplant with almonds, tomatoes and peppers*

SOLFITI, LATTOSIO / SULPHITES, MILK



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# Dessert

## **Mousse di cioccolato bianco e rose, mandorle e ciliegie € 15**

*White chocolate mousse and roses, almond and cherry*

*SOLFITI, LATTOSIO, FRUTTA CON GUSCIO / SULPHITES, MILK, NUT*

## **Semifreddo al pistacchio, vaniglia e lamponi € 15**

*Parfait with pears, raspberries, pistachio and yogurt*

*LATTOSIO, FRUTTA CON GUSCIO / MILK, NUT*

# Dessert

**Composizione di frutta € 18**

*Sliced fresh fruit*

**Selezione di formaggi, miele e confetture € 24**

*Selection of cheeses, honey and jams*

LATTOSIO / MILK



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